

Everything we do is designed to help middle schoolers begin to take ownership of their faith through these three basic truths:

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I will love God because He will never stop loving me.

I will follow Jesus because He knows me better than I know myself.

I will live out God's story so others can know who Jesus is.

The Landing is a support group for teens struggling from consequences of personal choices as well as events outside their control.

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The Landing provides a safe, healing environment where teenagers can learn to develop lifelong tools to deal with unresolved hurt and pain.

LIFE STAGE MILESTONES







RELATIONAL QUESTIONS





Physical:

Still needs 9-11 hours of sleep each night and may easily fatigue or develop headaches



Girls outpace guys in development Guys experience changes in height and body shape and may develop body odor, body hair, and increase muscle mass Girls experience significant growth spurt, development of body odor, body hair, and breasts, and menstruation is likely (10-16)

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Emotional:

Enjoys sarcasm and sophisticated jokes Often interested in leadership roles and teaching younger children

May emphasize physical appearance and performance Tends to over schedule their time Benefits from talking about feelings

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Mental:

Capable of self-evaluation and self-critique Able to see tow sides of an argument Connects information to form an option Solves multi-step, complex problems Growing ability to organize



Relationships:

Often interested in pop culture, slang, current events, politics, or a global cause Wants to negotiate rules and test boundaries Displays an increasingly adult like personality Needs non-parental adult influences* Benefits from having a same-gender best friend *

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Things to know:

The most deceitful age- they will lie Begins to integrate reason and emotion Able to self-reflect and evaluate Tends to be preoccupied with ability (or lack of it) and undervalue effort Middle schoolers are primarily motivated by acceptance

Spiritual Development Connect the dots Expect a crisis Be consistent Teach them to Love God, Love People, and Love Life. Help them Own Their Own Faith and to Value A Faith Community.

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How to win:

Be a coach Morning time (you instill purpose when you start the day with encouraging words) Be a friend Drive Time (you interpret life during informal conversation as you travel)



Be a teacher Meal Time (you establish values with intentional conversation while you eat together) Be available Bed Time (you strengthen your relationship by showing up when they need you)

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Resources:

The Dateable Rules (a guide to the sexes) Right Click (Parenting your teenager in a digital media world)







